



CAREER
DEVELOPMENT
& ALUMNI
ENGAGEMENT

C H A N N E L
I S L A N D S

First Year Career Development Guide

- Set up a [Handshake](#) profile. Apply to jobs and internships, register for Career Center events, and schedule an appointment to meet with a Career Counseling Professional!
- Take the [Focus 2 self-assessment](#). The Focus 2 self-assessment allows you to take five small assessments that incorporate your interests, values, personality, and skills to help get you started in exploring a major and possible career paths.
- Explore some of the resources we have available, such as:
 - [What Can I Do with this Major?](#): This resource allows you to read more about various majors and learn more about possible career paths and resources to reach your desired career through the selected major.
 - [Candid Career](#): This resource allows you to watch short interviews with professionals in your field of interest to gain further insight into careers.

Please note that you may have to sign in with your myCI credentials to access.

- Explore ways to connect with the campus and larger community! There are opportunities to [join clubs and organizations on campus](#), as well as places to [volunteer in the community](#).
- Reflect – ask yourself what you like most about your academic courses and which clubs, organizations, volunteer work, and extracurricular activities interest you most.
- Make an appointment with a career counseling professional! You can do this through [Handshake](#). Talk to us about your goals and think of it as just an initial conversation to get you started on your path.
- Create your profile on [Dolphin Connect](#). Dolphin Connect is an online portal you can utilize to connect with professors, alumni, and professionals in your field of interest. It is a mentorship/networking tool that you can utilize as a student and later as an alumni.
- Reach out to a potential mentor to conduct an [informational interview](#). Informational interviews are field research opportunities that can help you with the career exploration process and discovering more of your interests!

Remember to...

- ✓ Reach out to Career Development and Alumni Engagement for your career development needs. The Career Center is in Bell Tower 1548.
- ✓ Check your emails often – stay current with events and resources sent by Career Development and Alumni Engagement. Check out our [website](#) as well!
- ✓ Connect with faculty, staff, peers, and community members who can mentor and support you throughout your career journey.
- ✓ Review resources and search for job/internship opportunities on [Handshake](#) (available on your myCI).