

# November Calendar

## Community Healing Circle

Wednesday, Nov. 4  
&  
Thursday, Nov. 5  
1-2 p.m.

**RSVP:** [go.csuci.edu/MDCEvent](https://go.csuci.edu/MDCEvent)

The Multicultural Dream Center (MDC) invites students to join us for a community healing circle as we process the 2020 Presidential Election. During this virtual event, we will hold space for folks to check-in and share how they are doing.

## The Power of Resilience

Tuesday, Nov. 10  
10-11 a.m.  
&  
Friday, Nov. 20  
12-1 p.m.

**RSVP:** [go.csuci.edu/MDCEvent](https://go.csuci.edu/MDCEvent)

The PATH To Success Workshops Series are designed to strengthen the CI Community and provide a space for students and staff to engage in a guided topical discussion

For additional information contact Leticia Cazares at [leticia.cazares@csuci.edu](mailto:leticia.cazares@csuci.edu)

## ADULTING 101

### Adulting 101: Minimize Distractions

Monday, Nov. 16  
Noon-1 p.m.  
&  
Tuesday, Nov. 17  
4-5 p.m.

**RSVP:** [go.csuci.edu/MDCEvent](https://go.csuci.edu/MDCEvent)

This workshop will support students in exploring healthy coping skills and explore ways minimize distractions in order to Maximize studying. We know how hard it is to do all your school from home because we're working from home and face similar challenges

## Preparation for Zoom Interviews

Monday, Nov. 16  
3 p.m. to 4 p.m.

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In collaboration with Career Development Services.

## Adapting As A College Student In A Virtual World

Tuesday, Nov. 17  
10-11 a.m.

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## Native American Heritage Month Social

Thursday, Nov. 19  
1 p.m. to 2 p.m.

**Via Instagram Live**

Join the MDC Team for virtual celebration of Native American Heritage Month. This event features community building, information on upcoming events, and celebrating the contributions of Native Americans. This event is open to everyone. Participants will receive a special mystery box.

## MDC RealTalk: POSE

Thursday, Nov. 19  
10 a.m. to 11:30 a.m.  
**Via Instagram Live**

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Join the MDC team will be hosting a viewing party of the first episode of POSE from 10 am to 11 am, then an IG Live event right afterwards.



## Transgender Day of Remembrance

Friday, Nov. 20  
All Day

**Via Instagram**

TDOR allows us to call attention to the continued violence and injustice transgender people face every day. Visit the MDC via social media to learn more and gain resources to support the Trans\* community.

## Stress Management During COVID

Friday, Nov. 23  
4-5:00 p.m.

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## WOC Speaker Series

Monday, Sept. 23  
2:00-3:30 pm

Via Zoom Come join us to celebrate and educate those on the women of color lived experience. This is a monthly speaker series highlighting women of color in leadership. They will be sharing their experiences, journeys, expertise, and research.

The University encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation, or have questions about the physical access provided, please contact Disability Accommodations & Support Services at [accommodations@csuci.edu](mailto:accommodations@csuci.edu) or call 805-437-3331 as soon as possible, but no later than seven (7) business days prior to the event.

For more information, please contact the Multicultural Dream Center, at 805-437-8407 or [mdc@csuci.edu](mailto:mdc@csuci.edu).



MULTICULTURAL  
DREAM CENTER  
CHANNEL  
ISLANDS



# Fun Fact: November is Native American History Month